



# SISTERS OF ST. FRANCIS OF THE MARTYR ST. GEORGE

## INVITE YOU TO A MOTHER AND DAUGHTER RETREAT

Saturday, November 19, 2011

9:30 a.m. - 5:30 p.m.

Where: St. Francis Convent

1 Franciscan Way / Alton, IL 62002



Who: Mothers and their daughters (12 years old to adult) are invited for a day of prayer, talks, and visiting with our Sisters.

Cost: Free (donations accepted)

(Please make checks payable to *Sisters of St. Francis of the Martyr St. George*.  
*May Our Lord reward and bless you for your generosity!*)

See schedule on reverse side for more details of the day.

*What do I need to bring?*

*An open heart and mind for Our Lord  
and our Blessed Mother*

*To register, please contact  
Sister M. Stephania by email at [oma@altonfranciscans.org](mailto:oma@altonfranciscans.org)  
or by phone: 618-474-6193*

*RSVP by NOVEMBER 15, 2011*



Sisters of St. Francis of the Martyr St. George - Website: [www.altonfranciscans.org](http://www.altonfranciscans.org)

Vocations Office: Sister M. Consolata, FSGM - [vocations@altonfranciscans.org](mailto:vocations@altonfranciscans.org) or 618-463-2757

Office of Mission Advancement: Sister M. Stephania, FSGM - [oma@altonfranciscans.org](mailto:oma@altonfranciscans.org) or 618-474-6193

# MOTHER AND DAUGHTER RETREAT

## SATURDAY, NOVEMBER 19, 2011

9:30 am	Arrival
9:50 am	Welcome and prayer
10:00 am	Review of the day
10:10 am	Welcome Activity
10:30 am	Break
10:40 am	<b><i>Talk I ~ Dignity of Women</i></b>
11:15 am	Head to Chapel
11:30 am	Midday Prayer
12:10 pm	Lunch in Recreation Room
1:00 pm	Vocation Story
1:10 pm	Activity
1:40 pm	Break
2:00 pm	Interactive Mother/Daughter activity based on Talk I - in the PHC
2:20 pm	Prayer in Chapel
2:40 pm	<b><i>Talk II ~ Mother/Daughter relationships</i></b>
	Moms in the Chapel (Spiritual Motherhood)
	Daughters in the PHC
3:00 pm	Silent Reflection time with questions from Talk II
3:15 pm	Afternoon break (PHC)
3:45 pm	Interactive Mother/Daughter activity
4:45pm	Chapel - Adoration of the Blessed Sacrament and Rosary
5:30 pm	Closing and evaluations (in Chapel)
	Departure



**SISTERS of ST. FRANCIS**

**OF THE MARTYR ST. GEORGE  
OFFICE OF MISSION ADVANCEMENT**

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**Check applicable box:**

- The undersigned subject of the photographs and video referenced herein is at least 18 years old, has read the foregoing and fully understands the meaning and effect thereof, and is fully authorized to execute this Liability Release and fully intends to be legally bound.
- The subject of the photographs and video referenced herein is under the age of 18, and the undersigned parent of legal guardian acknowledges that he/she has read the foregoing and fully understands the meaning and effect thereof, and is fully authorized to execute this and fully intends to be legally bound.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_